

INTERNSHIP CONFERENCE SHEET

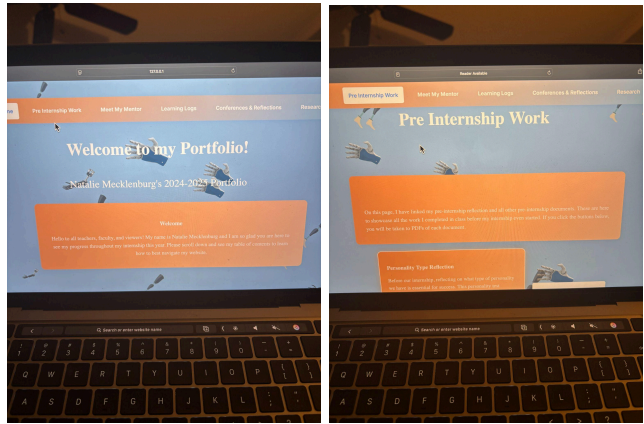
Name: Natalie Mecklenburg

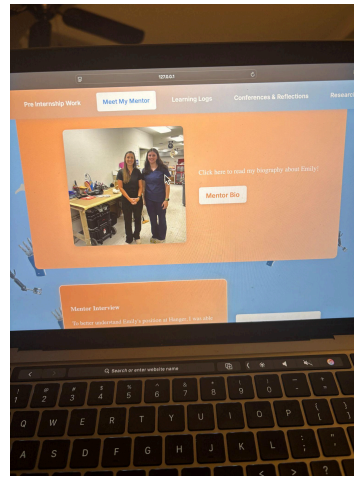
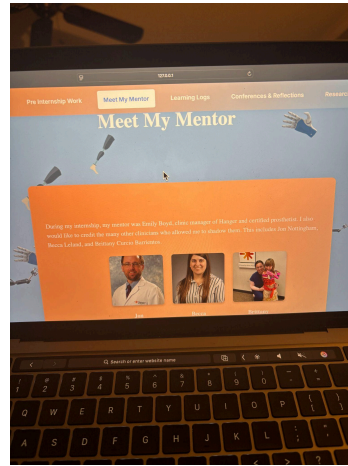
Conference Date: 3/4/25

Internship Placement: Hanger clinic

SMART Goal I set last conference: For December, I want to make a considerable amount of progress in my online portfolio. I want to have my visual design fully figured out and completely set up at least two sections of my portfolio by the end of the month. This includes buttons, pictures, and completed documents to be inputted into the sections.

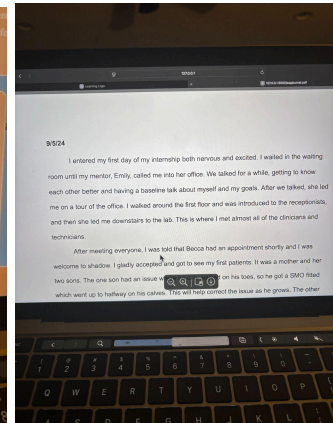
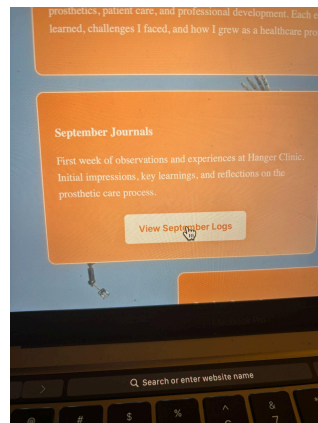
Steps I took to accomplish my SMART Goal:

STEPS TAKEN	EVIDENCE TO PROVE WHAT I DID
<p>The first step I did was to log each time I worked on my portfolio. This is linked to the right, but it has all the times where I made progress on my website.</p>	<p>Time log</p> <p>https://docs.google.com/document/d/1ggk0dpU8xKYdkhvXxSqrKrTnmzVQeRtkxVQpKfEiPVM/edit?tab=t.0</p>
<p>These are pictures of my current website. My goal was to set up at least 2 sections completely and I have ended up setting up 4.</p>	<p>Pictures of website now</p> 



These pictures are to show that all my buttons work and take the user to the linked pdf. This is a part of the “completely” done aspect of my goal.

Show that buttons work



REFLECT: Employability Skills

How have you shown growth with the employability goals you set at the beginning of this learning journey? Do you need to make any adjustments? Which skill has been the hardest for you to practice and improve? Why? Reflect on ALL 5 SKILLS each month.

Citation skills: I think my citation skills have grown so much since the beginning of my internship. I have finished English 101 and learned all about MLA citations in there, and through my bibliographies, I have done everything from articles, to youtube videos, to interviews. I feel very confident in my abilities and don't think I will have any trouble writing my last bibliography or continuing to apply MLA to my reflections and assignments.

Verbal communication: I think this has grown a lot this month. Especially since I met some new people at my internship, this skill was used as I communicated with them. I also felt like I communicated better with my mentor and the clinicians I shadowed because they knew it was my last month, so I got to tell them everything I learned so far, how I felt about the prosthetic field, and what I wanted to see more of before I left. Overall, the combination of communicating more effectively with my mentors and meeting new people at my internship combined to really grow my verbal communication skills.

Creativity: I also think this skill grew this month. I was exposed to a lot of cool technology this month which I felt grew my creativity. For example, as detailed in my first January journal, I saw the Koalaa design which is a simple design that allows for someone with arm troubles to eat, fish, or even play guitar. I never would have thought something like this would have existed, so seeing this technology was really cool for my creativity.

Initiative skills: This skill grew this month as well. Since it was my last month, I took initiative in asking the clinicians if I could see certain things. For example, I wanted to see more upper limb amputations, so I got to shadow Brittany again. I also wanted to see another bluetooth prosthetic if it was possible, so I asked Jon about it, and the next time I came in I got to shadow an appointment with him and a patient with a bluetooth leg. This initiative really helped me make the most of my time left at Hanger.

Goal-making skills: These were the hardest for me this month. Since I stopped going to my internship, goals seem harder to set because they can't be focused around shadowing anymore. To try and help this, I am focusing on making my goals based on my portfolio and presentation to make these the best they can be.

Overall: I think almost all of my goals grew a lot this month. My communication and initiative skills were the easiest to improve this month because I think it being my last month made the clinicians really want to know what I wanted to see before I left. Seeing things like the Koalaa design in turn helped grow skills like my creativity. I think the hardest skill to grow this month was my goal making because we are nearing the end of internship. It felt hard to try and set goals with my internship ending, but now I can start setting goals focused around my portfolio and presentation, which I am excited for.

REFLECT: Learning New Content

What have you learned this month about yourself and this career field?

This month I learned a lot about the amount of patience required for this job. Many of the patients are older and are really struggling with their prosthetic because it is such a change in lifestyle. I really noticed this when shadowing Brittany and I watched how much care and time she took with one patient to ensure that he was comfortable and taking things at the right pace for him. Some people might not have the patience skills to work

slowly with people, but after seeing that experience, I feel confident that I am patient enough to handle that age group and any patients who are particularly slower or need a bit more attention than others. I think this is a great skill to have in the prosthetic field or PT field.

GOAL SETTING

SMART Goal I am going to work on for next month:

In the month of February, I want to work on my public speaking skills to help prepare myself for my presentation. I can achieve this by finding helpful videos online that can give tips. Also, I can read articles that may go into more depth than videos. Additionally, I could present in front of a small group of family or friends and get their feedback on my skills.

Evidence I can bring in to show that I accomplished my SMART Goal:

What videos I watched, any articles I read, feedback from others about my speaking skills.