

INTERNSHIP CONFERENCE SHEET

Name: Natalie Mecklenburg

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Internship Placement: Hanger Clinic

SMART Goal I set last conference: In the month of October, I will learn more about unusual amputations/ prosthetic devices through my annotated bibliographies and additional outside research.

Steps I took to accomplish my SMART Goal:

STEPS TAKEN	EVIDENCE TO PROVE WHAT I DID
<p>Annotated Bibliography. I wanted to research an unusual type of prosthetic device and landed on ear prosthetics. I found a video from a specialist talking about this process in detail and did my bibliography on that. I learned so much new information on ear prosthetics including all the different types a person can get.</p>	<p>Annotated bibliography: https://docs.google.com/document/d/1DV7uN9ISPBFfVoUqYGa80R_aSAEGnhcYgT83O0FG8rQ/edit?tab=t.0</p>
<p>Additional research. I read many articles and videos on multiple uncommon amputations. For example, I learned about nasal prosthetics and ocular prosthetics. I didn't know either of these were actually common for people to get.</p>	<p>These are links to additional articles I read: https://www.medicalartresources.com/nose https://www.technologyreview.com/2023/02/10/1067838/prosthetics-that-break-the-mold/ https://services.nhslothian.scot/artificialeyes/types-of-artificial-eye-available/</p>
<p>I asked Jon and Becca, clinicians at my internship, the most uncommon prosthesis they have personally done.</p>	<p>Becca mainly works with cranial helmets so she hasn't personally seen or done any unusual ones, but Jon said the most uncommon ones he has seen come to Hanger are fingers and ears, both of which he has done before. I also was with him once before for a finger amputation/prosthetic appointment and</p>

that is detailed in my 9/19/24 journal. https://docs.google.com/document/d/1ebRELjeLrlmHkUO6JI3O-3g7HefDMF9v-cRpv1w0oLM/edit?tab=t.0
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REFLECT: Employability Skills

How have you shown growth with the employability goals you set at the beginning of this learning journey? Do you need to make any adjustments? Which skill has been the hardest for you to practice and improve? Why? Reflect on ALL 5 SKILLS each month.

Citation skills: I think these have improved a lot this month! First of all, in my English 101 class we are covering MLA works cited. This has made my annotated bibliography a lot easier because I am refreshed on all the MLA rules. Also, my bibliography this month was a Youtube video. This has a different citation format compared to articles, so I had to brush up on that, and now I know how to cite videos and articles. Compared to the beginning of my internship, these have majorly improved.

Verbal communication: This month there were a few days where there were only one or two clinicians in the office plus me. Due to this, talking to everyone was a lot easier and I felt very comfortable with everyone. I think now that I'm a month into my internship I have definitely bonded with the clinicians and have a good relationship with everyone. In terms of patients it is still hard to talk because I am not an expert in the field, so I do still struggle with that. My communication has also grown when asking questions. I used to be a little nervous when asking the clinicians any questions I had, but now I know they are happy to answer and teach me, so I ask whatever questions I have. This has really helped me learn a lot about prosthetics and what different terms mean.

Creativity: My annotated bibliography weirdly assisted me with this skill. Since I was researching uncommon prosthetic devices, I learned about a variety of strange prostheses that I would never have thought of before. This helped grow my creativity and think about all the new inventions one could make to help advance the industry. Also, while doing additional research for my smart goal, I read an article about not just having prosthetics replace a missing limb, but making them have even more functions than what the old limb could do. These articles and thought process helped grow my creativity skills and think about all the innovations possible in this field.

Initiative skills: I think this skill has grown due to the fact that I am now a month into my internship. I come on a regular schedule so the clinicians expect me to come, and I have also learned where materials are located. Due to this, I have taken the initiative to try and offer help to the clinicians when they need it. For example, a patient needed a bandaid, so I offered to go down and grab them instead of having the clinician do it. This happened another time but Jon needed a white marker, so I knew where it was and grabbed it. I have also been given the job of putting the measurements into the computer because I asked if I could. Taking this initiative has not only made me get to do more hands-on things, but also helped out the clinicians who are often doing a lot at once.

Goal-making skills: I did well at my goal this month. I made my goal around the end of September because my September conference was delayed due to the hurricane. Despite this setback, I still adequately achieved my goal for the month. I researched an uncommon prosthetic in depth and learned so much I never knew about ear prosthetics. For my overall goal, I will say I didn't do as well this month. Part of my overall goal was to achieve over 60 hours. This month,, I didn't get as many hours due to some days not being busy, or my schedule conflicting. I still went to my internship and got hours, but not as many as I would have hoped for. Despite this, I know this won't set me off track, and if anything it encourages me to work harder and get back on schedule in November and the rest of the months.

Overall, I think most of my goals are on track and growing at a steady pace. Similarly to last month, I struggle with talking to patients because I am not an expert in the field, but I am proud of myself for bonding with the clinicians in the office. I think the hardest skill to grow this month was my goal making skills because I didn't get as many hours as I wanted this month. I will just make adjustments for November and try to stay on schedule and get more hours.

REFLECT: Learning New Content

What have you learned this month about yourself and this career field?

This month I learned a lot about the clinician's side of things. They seem to work long days and a lot of the time they are personally responsible for staying late and making adjustments to any devices that someone might need the next day. On one hand, this dedication was admirable, but on the other hand I don't know if I would want to stay late at work any longer than I needed to. While this patient care is amazing, I do think I would prefer a workplace where I had a less direct role in the device adjusting process. I'm not the best at work shop type skills and was mainly leaning towards patient interaction and a healthcare role in this field.

GOAL SETTING

SMART Goal I am going to work on for next month:

I want to learn more about the process to become a certified prosthetist. This is important to know because as I enter college, making sure I am taking the right pre reqs for grad school is vital. This also stemmed my interest because one clinician Becca majored in bioengineering, which seems like a lot, while my mentor Emily majored in Health Sciences. I can achieve this goal by asking whoever I interview about their schooling and also doing additional research on my own.

Evidence I can bring in to show that I accomplished my SMART Goal:

- Annotated bib interview- I can ask who I interview about what schooling they did
- Additional articles/ and or videos I research

- Talk about what I learn in my journals